

**Lancaster County Office of Behavioral Health and Developmental Services**

Basic Information Series Volume: MH-1

**For Information Call:**

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## The "Alphabet Soup" of the Behavioral Health System

# Basic Information Series

*Acronyms are the "alphabet soup" of BH/DS.*

*Here you will find some of the common acronyms used by the mental health unit staff.*

<b>ASP</b> After School Program	<b>D&amp;A</b> Drug and Alcohol
<b>ACM</b> Administrative Case Management	<b>DBT</b> Dialectical Behavior Therapy
<b>ACT</b> Assertive Community Treatment Team	<b>DD</b> Developmental Disability
<b>ADP</b> Adult Protective Services	<b>DHS</b> Department of Human Services
<b>ASD</b> Autism Spectrum Disorder	<b>Diversion</b> A program to prevent the need for treatment in a state hospital
<b>BCM</b> Blended Case Management	<b>DRP</b> Disabilities Rights Pennsylvania ( <i>a state wide advocacy organization</i> )
<b>BH</b> Behavioral Health	<b>DSM</b> Diagnostic and Statistical Manual of Mental Disorders
<b>BHMCO</b> Behavioral Health Managed Care Organization	<b>EAC</b> Extended Acute Care
<b>BHT</b> Behavioral Health Technician	<b>EARS</b> Ephrata Area Rehabilitation Services, Inc. ( <i>a vocational rehab provider</i> )
<b>BC</b> Behavioral Consultant	<b>EAU</b> Extended Acute Unit
<b>BSU</b> Base Service Unit ( <i>case management unit</i> )	<b>EPSDT</b> Early Periodic Screening Diagnosis & Treatment. Program for children on Medical Assistance which includes health care
<b>CABHC</b> Capital Area Behavioral Health Collaborative, Inc.	<b>ER</b> Emergency Room
<b>CAC</b> Certified Addictions Counselor	<b>ES</b> Emotional Support
<b>CAO</b> County Assistance Office	<b>FBMHS</b> Family-Based Mental Health Services ( <i>services that are provided, usually in the home, to a child with severe emotional problems.</i> )
<b>CASSP</b> Child and Adolescent Services System Program ( <i>coordinates services for children who are served by more than one of the public-funded agencies: BH/DS, Children &amp; Youth, Drug &amp; Alcohol, Juvenile Probation and Education.</i> )	<b>FCM</b> Forensic Case Management
<b>CBT</b> Cognitive Behavior Therapy	<b>FFS</b> Fee for Service ( <i>refers to MA</i> )
<b>CCM</b> Clinical Care Manager ( <i>PerformCare</i> )	<b>FQHC</b> Federally Qualified Health Center
<b>CHC</b> Community Health Choices	<b>FSS</b> Family Support Services ( <i>assistance to families of persons with mental illness</i> )
<b>CHIP</b> Children's Health Insurance Program	<b>FY</b> Fiscal Year (BH/DS fiscal year runs July 1-June 30; the County's fiscal year is Jan 1-Dec. 31; the Federal Government's fiscal year is Oct.1-Sept. 30)
<b>CHIPP</b> Community Hospital Integration Project Program	<b>HC</b> Health Choices ( <i>the management system for Medical Assistance funds for physical and behavioral health</i> )
<b>CIS</b> Crisis Intervention Services	<b>HIPAA</b> Health Insurance Portability and Accountability Act ( <i>defines procedures for confidentiality</i> )
<b>CM</b> Case Manager	<b>HSDF</b> Human Services Development Fund
<b>CMS</b> Center for Medicaid Services. Federal Regulatory Agency	<b>HMO</b> Health Maintenance Organization ( <i>private health care organization</i> )
<b>CPSS</b> Certified Peer Support Specialist	<b>IBHS</b> Intensive Behavioral Health Services
<b>CRR</b> Community Residential Rehabilitation ( <i>a residential program for individuals with mental illness. Offers varying degrees of supervision, based on individual's needs</i> )	<b>ID</b> Intellectual Disability
<b>CRR Host Home</b> Community Residential Rehabilitation an intensive treatment program for children	
<b>CSG</b> Community Services Group ( <i>a provider</i> )	
<b>CSP</b> Community Support Program	
<b>CSP</b> Consumer Support Plan	
<b>CYA</b> Children and Youth Agency	

# Basic Information Series

- IDT** Intensive Day Treatment
- IHELP** Independent housing for enriched living program
- IOC** Involuntary Outpatient Commitment
- IOP** Intensive Outpatient Program
- ISP** Individual Service Plan
- ISPT** Interagency Service Planning Team
- IU** Intermediate Unit (*local provider of special education services; in Lancaster County, its IU -13*)
- JPO** Juvenile Probation Office(r)
- LBHH** Lancaster Behavioral Health Hospital
- LCP** Lancaster County Prison
- LGH** Lancaster General Hospital
- MA** Medical Assistance
- MAID** Medical Assistance Identification Number
- MATP** Medical Assistance Transportation Program
- MAWD** Medical Assistance for Worker's with Disabilities
- MCO** Managed Care Organization (*a system of providing quality health care in a cost efficient way.*)
- MH** Mental Health
- MHA** Mental Health America
- MHC** Mental Health Court
- MNC** Medical Necessity Criteria
- MSR** Mobile Social Rehabilitation
- MST** Multi-Systemic Therapy
- MPR** Mobile Psychiatric Rehabilitation
- MT** Mobile Team or Mobile Therapist or Mobile Therapy
- NAMI** National Alliance on Mental Illness (*a support group for families and friends of individuals with mental illness.*)
- NIMH** National Institute of Mental Health
- NLAM** No Longer Alone Ministries
- OMAP** Office of Medical Assistance Program
- OMHSAS** Office of Mental Health and Substance Abuse Services (*department that oversees MH at the state level; under the Department of Human Services*)
- OOA** Office of Aging
- OP** Outpatient
- OVR** Office of Vocational Rehabilitation
- PCH** Personal Care Home
- PCP** Primary Care Physician
- PCS** Pennsylvania Counseling Services
- PEN** Parent Education Network
- PerformCare** A 5-county collaborative which oversees mental health services
- PHP** Partial Hospitalization (*individual spends part of a day or several days a week in a daytime mental health treatment program*)
- PIN** Parent Involved Network (*a support group for parents of children with emotional problems sponsored by Mental Health America*)
- PMHCA** Pennsylvania Mental Health Consumer's Association
- PSS** Peer Support Services
- RPR** Residential Program for Recovery
- RTF** Residential Treatment Facility
- RRTA** Red Rose Transit Authority (*oversees Red Rose Access, a shared ride program, and the Lancaster County public transit system.*)
- SACA** Spanish-American Civic Association
- SAP** Student Assistance Program
- SCI** State Correctional Institute
- SHP** Supported Housing Program
- SMI** Serious Mental Illness
- SSA** Social Security Administration
- SSDI** Social Security Disability Income
- SSI** Supplemental Security Income
- STAR** Specialized Transitional Age Resources
- TAP** Transitional Age Program
- TCM** Targeted Case Management
- TEP** Transitional Employment Placement
- Voc Rehab** Vocational Rehabilitation (*job training or retraining and assistance in finding a job in the competitive market*)
- WSH/ WeSH** Wernersville State Hospital
- YIC** Youth Intervention Center
- Sections of the Mental Health Act dealing with commitment to a mental health unit:**
- 201** Voluntary consent to receive care in a mental health inpatient unit
- 302** Emergency involuntary commitment to a mental health inpatient unit
- 303** Extended involuntary commitment (up to 20 days) to a mental health inpatient unit, partial hospitalization or outpatient program
- 304B** Court-ordered involuntary commitment to mental health services (inpatient, partial hospitalization or outpatient treatment) up to 90 days; for individuals already in the hospital on an involuntary commitment
- 304C** Court-ordered involuntary commitment to mental health services for individuals who are not currently hospitalized

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